

to August 2017	YY MM (page no)	YY MM (page no)	YY MM (page no)	YY MM (page no)	YY MM (page no)
Address book and abuse thereof	11 01 (4)	10 12 (3)			
Air Delays - claims for compensaton	16 08 (5)				
Air France low cost service locally	13 02 (10)	11 12 (6)			
Alcoholics Anonymous - Riviera	10 04 (7)				
Antenne de Justice (St Maximin, Brignoles) www.cdad-var.justice.fr	13 03 (5)				
Anti pollution measures	17 02 (6)				
Assurance claims especially following catastrophe	10 07 (4)				
Autoroute breakdown procedure	10 01 (6)				
Autos du Coeur (www.lesautosducoeur.fr)	17 07 (7)				
Bank Accounts - opening in UK from France, changing banks in France	17 04 (8)	16 11 (6)			
Bastille day history	12 07 (7)				
BAV/BSN (Bereavement Support Network of the Var) www.bsnvar.org	12 07 (6)	12 06 (5)	11 09 (6)		
Beaches/Marinas in Var with Blue Flag test approval	15 07 (9)				
Benefits to Members - latest	13 09 (7)				
Bogus Callers	15 06 (7)				
Books/English Library, St Raphael	12 10 (3)				
Book Swap, Travelling	17 03 (5)				
Boules - Rules	13 08 (S1)				
Breathalyser kit/Breath Tests	13 03 (S2)	12 04 (8)	12 05 (5)		
Brexit - complications, concerns, Challenge	17 08 (7)	17 04 (06)	16 08 (5)		
(Royal) British Legion in the Var	11 11 (5)	16 08 (5)	11 09 (4)		
Builders helpful hints	13 04 (S1)				
Butcher - English delivers monthly in South of France	15 09 (6)				
Cafés - rules and regs	16 11 (9)				
Car Hire - cheaper rates; without counterpart licence	15 07 (6)	10 03 (5)			
Car Importing to France and registering	15 01 (8)				
Car correctly insured/taxed in UK/ France, registration plate, SORN	13 12 (9)	13 10 (S1)	12 10 (10)	11 11 (3)	11 05 (4)
Car locks - thieves targeting remote locking devices	15 11 (9)				
Chef - Party, event catering, private villas - Tuly Scrumptious	12 09 (6)				
Christmas Customs in France - December 2016	16 12 (1,5)				
Cinema in English	12 08 (10)				
Citizens Advice Bureau = Maison de Justice et du Droit	12 02 (7)				
Citizenship in France	17 03 (6)				
Cold Calling - how to stop unwanted calls www.pacitel.fr	11 11 (6)				
Controle technique - new regs	12 05 (4)				
Cookery - useful hints and substitutions	12 08 (8)				
CPAM vs RSI	17 03 (4)				
Criminals targeting unccupied homes	17 02 (8)				
Crit'Air - anti air pollution measures for cars	17 08 (9)				
Cruise Control warning	16 01 (9)				
Customers - new rights	14 07 (8)				
Data Protection Rules in France	11 04 (4)				
Debroussaillage	11 10 (4)				
Dentist - English speaking	11 07 (6)				
Dog Friendly Beaches	13 06 (S1)				
Driving in France - pedestrians, jaywalking, fines/New style	13 10 (S2)	13 08 (S2)	09 12 (6)	11 01 (6)	

Driving licence update / validity of UK licence,points / French licence	17 01 (4)	17 06 (9)	15 05 (9)	14 12 (9)	13 04 (S2)
Driving regulations - requirements	14 07 (6)7				
DWP - UK state pensions, life cert	17 03 (7)	12 01 (6)			
Earpieces for mobile phones - banned for road users	15 11 (8)				
EDF, contact details. Querying higher monthly payments	13 02 (9)	11 02 (4)	10 10 (5)		
EDF - possible refund of CSPE tax paid over past 2 yrs, sample letter	14 06 (?)				
EHIC card (or CEAM)	17 03 (4)	14 03 (6)	13 03 S1)		
Emergency Phone No. across European Union 112	15 06 (8)				
Emmaus background	12 10 (9)				
Employment 'on the black' pitfalls	12 10 (6)				
English Words in France	15 07 (8)				
Equipment Loan from BAV	16 06 (8)				
Euro symbol € - how to enter from computer keyboard	16 08 (4)				
Eurostar - new service to Provence, biometric passport recognition	17 04 (5)	15 02 (8)	13 02 (9)		
Faux amis/False friends (English/French translations)	15 03 (5)	15 02 (5)	14 11 (9)		
Fete de la Musique - what is it?	12 06 (1)				
Ferries - new rights for passengers	13 08 (S2)				
Fire - practical advice for emergencies	12 08 (4)				
Fish & chips in the Var	12 09 (6)				
Fishing in the Var	17 05 (6)				
Flights to/from Toulon, Marseille, Nice	17 03 (4)	15 04 (9)			
Flooding - monitoring website (http://www.vigicrues.gouv.fr)	13 07 (8)				
French/English (one-on-one) conversion - Brignoles	15 09 (4)				
French tuition	14 06 (4)	12 07 (10)			
Garden Rubbish - disposal of / Bonfires	14 11 (6)	13 01 (6)			
Gas Regulations - Important	15 11 (7)				
Groups: Boules, digital photos, painting, walking (updated mthly)					
Handiplages in the Var	17 06 (8)				
Hay Fever - app warning of pollen levels	16 06 (8)				
Heart Attack (hard & fast method)	12 02 (8)				
Heating appliance - cleaning of filters	10 01 (5)				
Help at Home	12 11 (6)				
Hermit of the Rock, Roquebrune-sur-Argens	16 08 (7)				
History of the Var Branch part I, II, III, IV (2008 Nov thru 2009 Feb)	08-09				
Hospitalisation - what to take with you	13 03 (S1)				
House Selling and Moving back to UK	10 05 (4)	10 04 (4)			
How to Survive in France - Useful advice	16 06 (6)				
Hunting - stop this on Sundays	17 02 (9)				
Impots/ tax / Personal allowance/ tax at source	17 02 (9)	14 11 (8)	14 01 (6)	13 07 (8)	
Inheritance - trusts, new rules 2015	15 08 (6)	14 11 (5)	12 08 (9)		
Inheritance tax (UK)/Succession tax (FR)	16 07 (8/9)				
Insurance - home -	14 01 (4)				
Insurance House reminders of restrictions, security	14 10 (8)	11 05 (5)			
Insurance -travel & risks of not be adequately covered	11 12 (6)				
Internet/E-mail safety, warnings, Skypecybercriminals, money scam	16 12 (7)	14 01 (6)	12 07 (9)	11 01 (7)	10 08 (4)
Internet - useful websites (for post, phone books, hoaxes, etc	16 01 (9)	12 08 (7)	12 07 (10)		
Internet Hacking scam	17 07 (6)				
Italia Rail - Marseille to Milan by train	15 03 (8)				

Jellyfish - advice	13 08 (S2)				
Journees europeennes du patrimoine (over 2 days, 3rd wk of Sept)	13 09 (1)				
Lead Piping rules	14 04 (9)				
Legal advice - free (SAUJ)	16 02 (5)				
Liberation 15 August 1944 - a little background info	12 08 (10)				
Light Bulbs - free	16 12 (4)				
Living in France - demographics	11 02 (7)				
Maisons de Services Publics	16 02 (7)				
McArthur Glen Provence designer outlet store	17 07 (9)				
Medical Equipment supplies / Transport	16 02 (4)				
Membership spread across Var	10 08 (1)				
Menus - French to English translation starting from Oct 2016	16 10 (8)				
Microsoft scam - phone call	17 07 (8)				
Mobile Phones in France - dual SIM cards	16 02 (9)				
Mobile Phones IMEI code - foil phone thieves	11 03 (5)				
Mobile Phones - emergency calls (112)	11 03 (8)				
Mobility Aids- Welfare	16 12 (7)				
Mosquitos - misc	14 04 (7)	13 08 (S2)			
Musique cordiale annual event Seillans Aug 2012	14 07 (9)	12 07 (8)			
Neighbourhood Network groups - Reports back monthly	16 01 (4)	10 12 (5)>>			
Nuisance calls - block them at www.bloctel.gouv.fr	16 06 (8)				
Orange help line in English	17 03 (8)				
Organ Donor - French system	17 01 (7)				
PACA Security Network (new electric circuit)	13 06 (S2)				
Palm Tree Disease - preventative treatment	16 06 (9)				
Parking Tickets / Electronic	14 11 (4)	13 02 (5)			
Parking meters - intelligent in Ste Maxime	17 03 (7)				
Passports	17 06 (8)	13 06 (7)	12 02 (4)		
Peages for UK residents (Sanef tolling) www.sanef Tolling.co.uk	12 08 (9)	12 07 (9)			
Pensions DSSS (spouse)	13 06 (5)				
Pensions- FindMyLostPension.com plus other search sites	16 06 (7)				
Pets - dogs & cats - passports, Innoculations, sitting, refuge, fostering	16 11 (5)	14 01 (8)	14 01 (6)	12 09 (5/9)	
Phones/Mobiles/ Orange Helpline in English/Tips/Roaming charges	17 03 (8)	13 09 (4)	16 08 (9)	13 04 (S1)	
Police - holiday home protection	12 09 (5)				
Pool - declare your pool	17 05 (5)				
Postal Charges - latest rates (timbres.laposte.fr/tarifs.jgi)	13 01 (7)				
Post - options for forwarding or delayed delivery	16 07 (7)				
Post Office - scams	16 03 (4)				
Proof of Life forms	17 06 (9)	16 11 (9)			
Property Purchase - invaluable advice	15 09 (8)				
Property Sales - Immo Interactive / Vente Notariale Interactive (VNI)	16 03 (8)				
Property taxes -includes second homes	15 06 (6)	12 08 (10)			
Provence Living facebook page	13 08 (S1)				
Public Holidays inFrance	16 02 (4)				
Radio in English - www.expatradio.fr	16 11 (8)				
Recycling	16 12 (9)				
Reduced Mobility - adapting for independence	13 09 (S2)				
Referendum/Brexit Vote	16 03 (9)	16 01 (5)			

Residency in France, entitlements, requirements, registration	10 02 (2)				
Restos du Coeur	12 11 (10)				
Rules & Regs (BAV)	11 08 (4)				
Ryanair misc info about changes	14 03 (8)				
S 1 Health forms for early retirees	14 04 (6)				
SATNAV Coordinates, legal requirements	12 02 (1)	10 11 (4)			
Scam - motorists beware	17 07 (6)	17 01 (3)	16 08 (7)	16 07 (4)	
Scams/Phishing - current, Orange, Police, Free	16 08 (4)	14 03 (5)	13 03 (S1)	13 01 (10)	
Scam - Income tax	16 06 (8)				
Scam when selling property privately	17 03 (7)				
Scam calls - infosva.org to verify missed calls are not premium rate	16 08 (6)				
Shale gas (Schiste)	13 06 (S1)				
Siddals France - details of their services (in english)	12 07 (8)				
Small Claims Court = Juge de proximite	14 01 (7)				
Smoke Alarms - compulsory from March 8, 2015	14 04 (4)				
SNCF (compensation)	17 02 (9)				
Social charges	16 01 (4)				
Soup recipes - from 2014 11					
Speed /Radar Checks in Var/car mounted cameras/fake/radar cars	17 04 (9)	16 01 (3)	14 05 (7)	13 12 (10)	13 05 (8)
Speeding tickets in France/check fine online	17 06 (6)	16 11 (9)	16 04 (9)	15 07 (5)	15 04 (8)
Stroke - infarctus cerebral ou accident cerebral	12 02 (8)	09 03 (8)			
Sirens	14 03 (8)				
Tax Bills (local) spot mistakes	17 01 (6)				
TeleSales - unwanted calls	10 10 (5)				
Terror Attack - recommended action/ Smartphone App (SAIP)	16 07 (2)	11 04 (7)			
TGV - Marseille - Nice via Le Muy , Budget (OuiGo)	14 06 (7)				
TGV - Paris/Nice project abandoned	17 07 (7)				
Thunderstorms - Advice on what to do	15 11 (6)				
Timetables - bus/train (www.pacamobilite.fr)	14 01 (9)				
Tree Threat by bacterium	15 06 (7)				
TV British TV in France (Astra2E) (www.filmon.com)	15 09 (9)	15 06 (9)	15 05 (8)	14 04 (7)	14 03 (9)
TVA (VAT) rates	13 12 (5)				
Tyres - savings on/Security	13 10 (S1)	10 01 (5)			
Vigne a Velo	16 04 (8)				
Voisins Voices - British Embassy newsletter	17 06 (8)				
Voting in UK Elections details (www.aboutmyvote.co.uk)/ in France	13 10 (S1)	10 02 (6)			
Walks - longish - contact jim.north@wanadoo.fr (04 94 85 22 06)	13 02 (10)				
Walks - shortish starting feb 2013 - separate spreadsheet	13 02 (10)				
Water Company misleading letters re insurance	16 03 (5)				
Waterworld Ste Maxime, new location	17 08 (7)				
Welfare Policy (16/08-in Chairman's Report)	16 08 (4)	11 08 (6)	10 04 (3)		
Welfare Coordinator - Ann Mitchem/details in Chairman's Report	13 09 (6)	12 06 (4)			
What's On in the Var - monthly starting from mid 2012 Newsletters	12 07 >>>				
Weelchair hire from BAV	15 02 (3)				
Wind Farms - Var	15 07 (2)				
Wines in the Var	14 05 (8)	12 09 (1)			
Winter Fuel Payments	15 02 (8)	12 09 (10)			

My Village, Groups, Short Walks	YY MM (page no)	YY MM (page no)	
My Village:			
Aups - Sandra Bingham-Wallis	13 04 (6)		
Claviers - Richard Alexander	13 02 (9)		
Figanieres - Anne Zutshi	13 05 (7)		
Le Val	13 08 (S1)		
Les Arcs - Pat Toohey	13 01 (10)		
Montauroux - Sandy Docherty	13 03 (6)		
Puget-sur-Argens - Stuart Reed	13 06 (8)		
Places to Visit in the Var - from 2014 09 onwards			
Chateau d'Entrecasteaux	15 09 (7)		
Chateau des Vins, Vins sur Caramy	16 03 (6)		
Fort de Bregancon - Bormes-les-Mimosas	17 08 (6)		
Grottes de Saint-Cezaire	16 01 (8)		
Marseille	15 11 (7)		
Maeght Foundation St Paul de Vence	16 04 (7)		
Moustiers-Ste-Marie	15 03 (6)		
Pennafort, Chapelle de	15 08 (7)		
Rail travel - picturesque - St Raphael area	14 05 (4)		
Rosaire Chapel, Vence	16 04 (7)		
Saint-Maximin-la-Sainte-Baume	15 10 (9)		
St Tropez	16 02 (6)		
Verdiere, Chateau of	16 05 (7)		
Interesting people, places			
Aix-en-Provence, Cuamot Centre d'Art	15 07 (8)		
Annie Bruel	14 06 (4)		
Antoine de St Exupery	14 11 (6)		
Georges Simenon	14 10 (5)		
Guy de Maupassant	14 12 (6)		
Marcel Pagnol	14 05 (4)		
Peter Rost MP	14 05 (9)		
Walking - short walks - for own use :			
Bagnols en Foret	13 09 (S1)		
Flassans-sur-Issole - Chateau de Ponteves	13 05 (s1)		
Flassans-sur-Issole - Les Cledes	13 05 (s2)		
Frejus - Barrage de Malpasset	13 12 (10)		
Le Dramont Semaphore	13 03 (s2)		
Le Grimaud, Le Pierredon and La Calade	13 11 (S2)		

Lorgues dolmen de Peycervier	13 04 (s2)		
Rayol - Canadel -	14 01 (7)		
Roquebrune-sur-Argens	13 06 (s2)		
Seillans - Les Bories de Seillans	14 03 (6)		
Sentier de Castellane, Grimaud	13 02 (10)		
Trans en Provence - Puits Aerien	13 10 (S2)		
Vidauban	14 02 (9)		