



The BAV needs YOU !

150th Issue

It is a requirement of the Statutes of the BAV that the position of Chairman comes up for re-election every 3 years. Having spent many years on the Committee of the BAV, and 3 years as Chairman as at next year's AGM, I have given considerable thought and deliberation as to whether or not I wish to stand again. In view, however, of the fact that Lesley and Ann are standing down from their positions of Treasurer and Welfare Coordinator respectively at the AGM I feel that, unless a member is proposed as Chairman, it is sensible for me to continue in order to maintain continuity. It is however now an ideal time for somebody else to take over with a renewed enthusiasm, energy and new ideas.



The BAV is presently on a firm footing and has been well able to service the welfare demands of British people in the Var whilst at the same time providing a range of social activities for its members within a framework of openness and friendliness. The Welfare cases have been dealt with extremely professionally and with compassion whilst at the same time controlling the use of your funds.

With the next AGM being around the end of March 2015 this gives 4 - 5 months for you to dig deep and consider if you are willing to put yourself forwards at the AGM to stand as Chairman, or for you to coerce or cajole a friend to stand. This is a great opportunity if you have views regarding the activities of the BAV to stamp your mark and change direction.

However I should stress that with only 6 on the Committee, the rôle of Chairman is extremely 'hands on' and, in a business sense, is more one of Chief Executive. I would, of course, if requested, give full support to any new Chairman and Committee.

Unfortunately, as stated above, the positions of Treasurer and Welfare Coordinator are becoming vacant at the same time and it is therefore highly desirable for somebody to come forward sooner rather than later in order to gain an understanding of the work involved well before March.

Rob Flanagan. Chairman

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Forthcoming Events

Committee Meeting
10 November

Montauroux Coffee Morning
4 November

10 pin bowling and Asian buffet lunch,
Fréjus – 19 November

Christmas lunch at St Aygulf
6 December

Lunch in Cotignac
16 January

Coffee Morning and Books Tuesday 4 November

between 10h00 and 12h00 at the home of Geoff and Sandie Docherty. *****83440 Montauroux. Donations welcome. Books and Christmas cards available. Please contact Sandie for directions: 04 94 *****.

info@*****.com

Committee Members

Chairman - Rob Flanagan
chairman@baofthevar.com

Secretary - Michael Wharton
secretary@baofthevar.com

Treasurer - Lesley Honeywell
treasurer@baofthevar.com

Welfare Coordinator - Ann Mitchem
welfare@baofthevar.com

Events Secretary - Kevin Bell
events@baofthevar.com

Publicity -
publicity@baofthevar.com
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John Lloyd
John1@baofthevar.com

Important non-Committee Members

Membership Secretary - Peter Rowson
membership@baofthevar.com 04 94 *****

Newsletter Editor – Shirley Rowson
newsletter@baofthevar.com 04 94 *****

British Association of the Var
Welfare Coordinator

Ann Mitchem

04 94 ***** or 06 *****

welfare@baofthevar.com

Asian Buffet Lunch and Ten-pin Bowling

Wednesday, 19 November 2014

New Asia Wok, corner of RN7 and Route de Bagnols, 83600 Fréjus – 12 noon

Set menu - Buffet Midi, wine and drinks extra

Ten Pin Bowling at 'Bowling de l'Esterel', Route de Bagnols, 83600

Cost: €18.90 members, €20.90 non-members. Lunch only: €12.90 members, €14.90 non-members

Parking is available behind the Bowling rink.

Christmas Lunch

Once again we are going to the St Aygulf hotel by the sea for lunch on 6 December at 12 noon. The cost is €32 for members and €34 for non-members, including an apéritif, wine and coffee.

Menu choices:

Aperitif

.....

L'assiette de saumon fumé et ses toast

Ou

Salade de magret de canard

Ou

Feuilletté de pétoncles et bourride

Ou

Melon à l'italienne

.....

Carré d'agneau à la Provençale

Ou

Filet de bœuf aux cèpes

Ou

Darne de saumon grillée au beurre d'estragon

.....

Assiette de fromage

.....

Pâtisserie maison au choix

.....

Vin AOC rouge et rosé

.....

Café

The hotel is on the coast road, on the right as you approach St Aygulf from Fréjus. Please return the booking form by 30 November.

"What's On" Guide

Zenith Oméga, Toulon: 0892 700 840

www.zenith-omega-toulon.com

Opera House, Toulon: 04 94 93 03 76

www.operadetoulon.fr

Draguignan Theatre: 04 94 50 59 59

www.theatresendracenie.com

Forum Theatre, Fréjus and Centre Culturel, St

Raphaël: 04 94 95 55 55 www.aggloscenes.com

November 2014

5-9 Nov Draguignan, Cinéma Chabran. Billy Elliot – musical film. 5th 16h00, 7th 20h00, 8th 14h00, 9th 11h00.

7 Nov St Raphaël, Palais de Congrès. Chamber Orchestra of St Raphaël – Entendre la Guerre. 20h30. €18 04 98 11 89 00

8 Nov St Raphaël, Salle Félix Martin. Jazz: Pete Allan – British musician. 20h30. €15. 04 98 11 89 00

8 Nov Lorgues, Espace Mitterand. Ombres et Lumières – music film, readings about WWI. 20h45. €10. 04 98 10 27 76

9 Nov Fréjus, Cathédrale. Récital d'Orgue. 16h00

9 Nov St Raphaël, St John's Anglican Church, av Paul Doumer. Service of Remembrance. 10h30. 04 94 50 38 46

11 Nov All towns and villages. Remembrance ceremonies.

15-16 Nov Lorgues, Château de Berne. Marché de Noël Anglais. 04 94 60 43 60

16 Nov Grimaud, Chapelle des Penitents. Duo de Granada – soprano and guitarist. 18h00. €20. 04 94 55 43 83

16 Nov Fréjus, Salle Hippolyte Fabre. Concert d'Automne – L'Harmonie Auréilienne. 16h00.

22 Nov Lorgues, Espace Mitterand. Concert Jazz Compagnie. 21h00. €10. 06 60 66 56 42

22 Nov Flayosc, Usine la Redonne. Petite Musique – rock concert. 21h00. €10.

3 Nov Lorgues, Château de Berne. Marché de Noël Scandinave. 04 94 60 43 60

26 Nov Draguignan, cinéma Chabran. L'Elixir d'Amour, Donizetti – opera film. 20h15. €20

27 Nov Les Arcs, Café de la Tour. Fish and chips – book by previous Monday please. 12h00. €12.50. 04 94 73 30 56

28 Nov-1 Dec St Raphaël, Palais de Congrès. Salon du Palais Gourmand. 10h00-20h00. €5. 04 94 52 80 80

29-30 Nov Lorgues, Château les Crostes. Marché de Noël Médiéval. 04 94 73 98 40

29-30 Nov Lorgues, Château de Berne. Marché de Noël Provençale. 04 94 60 43 60

BAV Christmas Cards



The BAV Christmas cards will be available for sale until Christmas at €10 for a pack of 10, from Neighbourhood Networks,



members of the Committee, or at events in November and December. There are two striking designs using photographs by Sandie Docherty (Christmas lights in St Raphaël) and Richard Alexander (a snow-scene in Clavier) printed on good quality glossy card, with envelopes. Impress your friends and help BAV Welfare funds at the same time!

Emergency contacts:

Medical help/SAMU	15
Police/Police Nationale	17
Fire and accident/Sapeurs Pompiers	18
SOS – all services (calling from a mobile)	112
BAV Welfare phone	06 42 86 49 01
EDF English speaking number	05 62 16 49 08
Orange English speaking No.	09 69 36 39 00



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Zone Artisanale "les Esparrus", 83690 Villecroze

* The Kentingtons service is exclusive to individuals with a minimum of €250,000 of financial assets
Conseil en Gestion de Patrimoine Certifié, Conseil en Investissement Financier, F000118, CFI-GOPC association agréée par l'AMF

Top tips for a safe ski holiday

(from the British Consulate in Marseille)

- Take out insurance – and check what it covers. It might not cover off-piste skiing unless you are with a qualified guide.
- Have a medical check-up before you ski – one of the major causes of hospitalisation and death on the slopes is heart attacks.
- Don't drink and ski. Alcohol can affect you more quickly at high altitudes and dangerously limits your awareness of risk and cold. Drinking and then skiing also risks invalidating your travel insurance.
- Most skiing injuries are caused by collisions with other skiers – watch your speed and distance.
- Don't attempt slopes you're not experienced or fit enough to tackle, even if you're encouraged or pressured to do so by friends.
 - If going off-piste, carry a shovel, a probe and a transceiver in case of an avalanche. Also remember that you need proper training on how to use a transceiver .
 - If you are going out on a glacier, you must wear a harness. If you fall into a crevasse, this will help the rescue team get you out.
 - Make sure someone knows where you're going and tell them of any changes to your plans.
 - Only go off-piste skiing or climbing with someone you have met previously and can trust. You need to know their capabilities, what you'll be doing and where you'll be going.
 - Many insurers insist you wear a helmet. Protect your head and your policy.

Electronic parking fines

Since 1st April, the police in Sainte Maxime have been using the new electronic parking fine system. Instead of a paper notice being left on the windscreen, the details of the car are entered into an electronic device which is then connected to the control centre in Rennes at the end of the day. A notice to pay is received at the car owner's home 72 hours later.

A small green notice may be left on the windscreen as a warning of the fine, and also to show other police that the contravention has already been dealt with, but this is not obligatory.

“Quotes”

A committee is a group that keeps minutes and loses hours.

Milton Berle

Organic Var

The Var has been ranked France's most organic department, with 20% of land growing produce without synthetic chemicals, mostly wine. 451 farmers in the area either run organic properties or are waiting for their official approval. The PACA region as a whole is also number one on the regional table with over 15% organic land. Organic farming in France is run to a strict set of guidelines which determine the fertilisers or additives that are permitted as well as maximum amounts.

In 2012 the Var ranked 8th with only 11% of farming land used organically, a figure which doubled in only two years. While organic farming takes place in all sectors, organic viticulture is particularly popular in the department with 200 vineyards producing organic wines. Organic farming began to take off in the Var in 2005, with consistent progression across the region since. Eight years before this popularity explosion began, *AgriBioVar* was set up to promote organic food in the region amongst farmers and consumers. However, they state that financial aid given to farmers converting to organic production is not sufficient for the work involved.

Certification of documents

From time to time a variety of bodies ranging from banks to share dealing companies pester us to send certified copies of documents. Furthermore certified photographs are required for passport applications. These bodies are sometimes very specific with regard to the qualification of persons permitted to sign eg. doctor, lawyer, accountant, embassy, consul, chartered surveyor etc., and in some cases he / she will require a knowledge of the individual for a number of years.

If you are generally permitted to sign such documents, and are willing to, would you please let us know in order that we can register you. It would also be of use to know which documents you are usually permitted to sign. Please contact chairman@baofthevar.com

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08 20 20 02 57 aa-riviere.org

Change to inheritance rules

Further progress on this subject seems to indicate that the proposed changes will go ahead and will apply to anyone who dies on or after 17 August 2015. The present French system, which protects the rights of children and other blood relatives, will become subject to a new EU Directive which comes into force then, and which will allow expatriates to distribute their estate according to the law of their nationality, if they so choose. This regulation is commonly known as "Brussels IV" and is binding on all EU member states except for the UK, Ireland and Denmark, who have opted out. This may affect French nationals living in the UK, but not UK nationals living in France, so British expatriates can choose UK law. The general rule is that the "law applicable to the succession in its entirety, shall be the law of the State in which the deceased had his habitual residence at the time of death". However, an individual may elect, by way of a statement in his will, that the laws of his country and nationality may apply instead. This choice must be made before death, therefore it is advisable to make a new will or add a codicil to your existing will, getting it checked by a *Notaire*.

Note that this change does not apply to inheritance tax, so French tax rates apply and these vary according to who the beneficiary is. Transfers between spouses and civil partnerships (PACS) are free, but otherwise the tax rates and tax free allowances range from 5% to 60%, depending on the closeness of the relationship, and are paid by the beneficiary.

As always, the BAV advises you to take expert advice on this subject before entering into any legal agreement.

BAV equipment for loan

We have a portable DVD player and a limited range of DVDs for those in hospital. We also now have 2 wheelchairs available for short or long term loan. Please contact the Welfare Coordinator: welfare@baofthevar or 04 94 *****



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VIDAUBAN
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aviva-vidauban.fr

MEMBERS' GROUPS

The Azur Photography Group

The Group took to the water for our latest visit - the Golfe de St Tropez to be more specific, to watch the awe inspiring spectacle known as 'Les Voiles'.



Thanks to the generosity of Lindsay Phillips, we were able to get up close and personal to some of the biggest yachts sailing today from the vantage point of his boat Kyanos. We were truly spoilt for choice as the big yachts with full sail manoeuvred skilfully in the Bay. To be in amongst these giant vessels was both breath-taking and challenging for would-be photographers.

From a technical point of view, the light was in a constant state of flux and the stable platform normally essential for taking photographs was replaced by a bucking, unpredictable foothold offered by the deck of Kyanos. It will be interesting to see after the editing process what the fruits of our nautical day out will yield, when we next meet.

Mike Harper

*****@yahoo.co.uk

Painting Group



Please contact Stella for details of the next painting day.

Stella

04 94 *****



Happy Boules

The boules group meets every week on Mondays at central Var locations and has lunch at 12.00 followed by boules. Whilst not formally being a BAV event, the lunches are extremely friendly and informal, typically with 10-16 people and at modest prices of 14-16€ plus wine.

If you would like to join us or find out where we are meeting (announced at the beginning of the week) please contact chairman@baofthevar.com You will be assured of a friendly welcome and you may even want to try playing boules, spare boules are always available.

Rob Flanagan

AUTHORS IN PROVENCE

Antoine de Saint Exupéry

1900-1944

Born in 1900 in Lyon, St Exupéry was called up in 1921 and became a pilot. He then worked for the French national airline as an instructor. In October of that year, while staying with his sister at the *Château d'Agay*, he was taken on by *Aviation Latécoère* in Toulouse where in 1932 he flew seaplanes on the Marseille-Algiers route. In 1933 he became a test pilot for the *Société de Constructions Latécoère* and was the victim of an accident near St Raphaël. He married a widow from El Salvador, who was a writer, in 1932 at his sister's residence in Agay and she is the inspiration for the Rose in "*Le Petit Prince*". He went to America to fly in the New York to Tierra del Fuego rally but crashed in Guatemala, remaining in a coma for five days with seven skull fractures. During his convalescence he wrote "*Terre des Hommes*". He eventually returned to Agay to complete his convalescence.



On the declaration of war in 1939 he was declared unfit for combat due to his many accidents, but became a flying

instructor until his demobilisation in 1940. It was at this time he started to write "*Le Petit Prince*". He spent the war years in exile in the USA and Canada, and wrote "*Pilote de Guerre*", which was banned in France by the Germans, and "*Lettre à un Hôte*". In 1943 he was called up to serve in North Africa, but was soon moved to the reserves when an age limit of 35 was imposed for flying missions. In 1944, due to his persistence, he was reinstated and based in Corsica, where he wrote "*Lettre à un Américain*". His courage and determination caused him to fly more often and more dangerously than others, so when his superiors knew the Allied landings were due in the Var they tried to prevent him taking on further missions by giving him advance warning, but on 31 July he flew from Corsica for a reconnaissance mission over Grenoble and Annecy and never returned. His plane has never been recovered.

There is a fountain in the gardens opposite the *Château d'Agay* in his memory and also a plaque on the lighthouse at *La Baumette*.

Gardening Tips – November

Garden bonfires

An update on this situation is required after many people seem to have ignored the previously circulated regulations about taking all garden waste to the municipal tip. The goal-posts seem to have moved, as in many instances of French legislation, so here is the latest:

Homeowners wishing to clear their properties of garden waste must pass a number of new regulations before lighting a bonfire, or risk a hefty fine. While it is widely known that bonfires are restricted to certain months, few people appear to be aware of changes to the rules, which now require **permits to be acquired** from the local Mairie before a bonfire can be started. Garden fires must be approved by the regional health authority (ARS) and the *Conseil Départemental de l'Environnement et des Risques Sanitaires et Technologiques* (CODERST). They must also comply with a number of rules and conditions. People who don't comply face a fine of up to 450 euros. In addition to the new rules, the same conditions apply. Only specific waste can be burnt, namely tree and hedge trimmings resulting from mandatory hedge, forest and agricultural maintenance, as well as residue from olive trees, mimosa and other fruit trees. Trimmings must be dry and cannot be mixed with green waste such as freshly cut grass, as the burning of green waste can release cancer-causing particles.

Bonfires are forbidden when winds exceed 40 kilometres per hour, and cannot take place under trees. To further reduce the risk of a wildfire, the flames must remain under constant supervision, with a water hose or at least 200 litres of water nearby. The fire must be put out and soaked at 3.30pm at the latest and must not be covered with soil. Finally, the stack of waste may not be over a metre high and 1.5 metres wide.

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VISIT PROVENCE – places to go in the Var and beyond.

Château de La Napoule, Mandelieu

Located between Cannes and Saint Raphael in Mandelieu-la-Napoule, the Château de La Napoule has a rich history. One of the cultural treasures of the region, it should not be missed. Originally built by the Villeneuve family in the thirteenth century, then faithfully reconstructed in 1918 by Henry and Marie Clews, a couple of American artists who left their mark on the place, this building is located on the seafront and has a variety of activities on offer: exhibitions by famous artists, concerts, fun workshops to introduce children to art, or giant treasure hunts, plus an exceptional setting and gardens of rare and unique beauty where you can come to walk. The Château de La Napoule is also sought after as a wedding venue. Idyllic and enchanting, and available for private hire, the place enjoys great success.



Since 2003, a tearoom on the terraces even allows visitors to indulge in a gourmet break before continuing their visit. Overlooking the sea, it has a magnificent

view of the Lérins Islands and the bay at Theoule-sur-Mer.

Château de La Napoule

Boulevard Henri Clews

06210 Mandelieu-la-Napoule

Tel: 04 93 49 95 05 www.chateau-lanapoule.com

The Bereavement Support Network of the Var (BSN)

This organisation exists to support not only the bereaved but also those who are terminally ill, and their families and friends. If you, or someone you know, could benefit from our confidential, free support, then please contact: Sandra - 04 94 84 64 89 or 06 32 35 31 24 info@bsnvar.org or www.bsnvar.org for further information.

Soup recipes

THAI SQUASH SOUP

1 onion, chopped
2 teaspoons chili paste (or less, to taste)
1 kg butternut squash or pumpkin, peeled and diced
Juice 1 lime
125ml coconut milk
Small bunch coriander leaves



1. Fry the onion in a large pan with a splash of water for 2-3 mins until softened – add more water if it starts to catch.
 2. Tip in the squash and stir.
 3. Cover with 1 litre water, bring to the boil and simmer for 15 mins until the squash is tender.
 4. Add lime juice and chili paste, remove from the heat and blend until smooth.
 5. Pour in the coconut milk, season and gently warm through.
 6. Serve with coriander leaves.
- SERVES 8

Membership

Subscriptions were due on 1 November. If you have not renewed please do so as soon as possible to save administration costs

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Removal of personal allowance for non UK residents

In this year's budget the UK government announced that it would restrict access to the personal allowance. The "rationale for change" is that people with highly dubious connections to the UK are claiming the UK personal allowance. The consultation period is to end mid-October, with the final rules being in place by January 2015.

As you can imagine, this has many people worried about the potential effect on their income and has made good negative press fodder for the media at large, where parts of the document have been taken out of context. This is causing considerable panic and anxiety, which is likely to be completely unwarranted. There is absolutely no doubt that the effect of the removal of the allowance would have a major impact for many people with a significant portion of their revenue coming from the UK. We are of the opinion, having reviewed the discussion document issued by the government, that this is unlikely to affect the vast majority of British people living in France.

Most pensions are taxable only in France, in line with the UK / France double tax treaty. If the personal allowance is removed in the UK, this makes no difference as this income is not taxable in the UK. Government worker / war pensions are taxed in the UK and so the loss of the personal allowance would have a huge impact. The government has outlined that it would not wish to remove the personal allowance for this income, so no effect here either.

The document then goes on to explain the 'economic connection', suggesting that those who are deeply financially connected to the UK are unlikely to lose their right to the personal allowance. It cites, as a current example, a UK national, born overseas, who has never lived in the UK, inherits a UK property and then rents it out for income. If the revenue received is below the personal allowance of £10,000 then there would be no UK tax due. The document is questioning if this is fair and this is likely to change under the new rules. The discussion document does not offer a percentage of income required to be deemed as having a strong financial connection to the UK. One might, however, offer conjecture that someone with more than three quarters of their income deriving from the UK would qualify. This is likely to include

rental property, for example, another area where expats may find themselves affected by this possible rule change.

The majority of people that we meet have worked most of their lives in the UK, have significant pension income and may also have UK rental income. It is quite clear that these people are very unlikely to be affected by the proposed changes. In summary a discussion document is just that, and we will not know the results of it until the end of the year. This is a mere brief summary of what is a very long document, however, in our view, most British people moving to or living in France are unlikely to be affected.

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83690 VILLECROZE

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Benefits for BAV members

(Please show your membership card)

Cigalon, Grand Rue, Flayosc 04 94 70 45 85. Offer: complementary espresso coffee at this fine dining restaurant.

Flayosc Co-operative - 5% discount available with the special BAV fidelity card. Full range of wines and sparkling wine available together with fresh cheeses, wine accessories etc.

Le Petit Romain, opposite Casino, Salernes 04 94 67 54 11. Offer: complementary espresso coffee at this popular restaurant with a menu de jour at 14.50€.

Lei Cigales, Route de Draguignan, Villecroze 04 98 53 02 88. Offer: complementary espresso coffee in this restaurant specialising in galettes and crepes with a separate menu du jour at 13.50€.

Nathalie and Fabrice Alric Antiquities, Place de l'église, Villecroze - Offer 10% discount on a range of antique style household furnishings and a larger discount on antiques.

La Provençal, Place Martin Bidoure, Aups. 04 94 70 00 24. Free espresso coffee with meal.

Le Grand Hotel, Place du Général Duchatel, Aups. 04 94 70 10 82. Free coffee or *digestif* with meal.

Les Trois Marches, 11 Cours Gambetta, Cotignac. 04 94 04 65 99. Pretty provençal restaurant. Free espresso coffee with meal.

Hotel and restaurant L'Orée du Bois, Quartier Ste Roseline, Le Muy. 04 98 11 12 40. Free coffee or tea with meal.

New York Break, 19 rue Picot, close to Place de la Liberté, Toulon. 04 94 98 69 14 or 06 42 65 08 21. Free drink with every meal.

Aviva Insurance, Vidauban. Luc de Bardonnèche offers various insurance discounts for BAV members – see his advert in the Newsletter.

Faux Amis (False Friends)

When struggling for the right word in French, it can be tempting just to use an English word said in a French accent. Unfortunately, French is littered with annoying "false friends" that have very different meanings. Here's some to avoid. Ask for the "*librairie*" in France and you'll be directed to a bookshop rather than a library (*bibliothèque*), for example. But others can result in ridicule or embarrassment. Anyone who has been in France for any amount of time will be familiar with the most famous of these: a "*préservatif*" not being something you would add to food to make it keep longer (*conservateur* in French), but in fact a condom.

But there are plenty more of these false friends you'll want to avoid so you don't embarrass yourself or your French guests and we will feature some over the next few months.

Excited /Excité

You want to tell your French friend you're very excited to come visit them in Paris this summer. "*Excité*" sounds like the word you should use, right? Unfortunately not. You just told your friend you were "aroused", probably not what you were going for. *Enthusiaste* is better.

Trainee / Trainée

A particular one to be aware of for anyone working in France. If you're just starting a new job, don't try introducing yourself as a "trainee" said in a French-sounding sort of way and hope your new colleagues understand, it sounds very similar to the French word "*trainée*", which can mean a smear or trail or, much worse still, a woman of an extremely promiscuous nature. "*Stagiaire*" is the right word.

Apology / Apologie

So you've accidentally let out a loud burp at a French dinner party. Cringing of embarrassment, you quickly give an "*apologie*". The only trouble is that in French, you've just told them that you "condone" or "justify" such table manners. "*Pardon*" and "*excusez-moi*" are both polite apologies to use.

Bless / Blessier

The verbs have quite opposite meaning. While a well-meaning English-speaker might feel the temptation to throw out a "blessez-vous" when someone sneezes, try not to. In French, the verb "*blessier*" translates into "injure". The expression to use here is: "*à vos souhaits*".

Spectrum Group Seminar

The annual Spectrum Group Seminar was held at the St Endréol Golf Club, La Motte on 8 October. About 45 members and others attended to hear a well presented seminar featuring the Prudential, Standard Bank, Currencies Direct, a tax expert and Spectrum



Group explaining their respective companies and, in a change from the usual format, an informative question and answer session

was then held with the various companies covering a range of subjects from tax to pensions and investments.

Finally, Mike Lorimer, who is known to most BAV members, announced his retirement from Spectrum Group. We wish him a long and happy retirement.



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We meet as usual on **21 November** at the Cafe de Cour, Cotignac at 10.30

Michael Wharton

07 ***** @cam.ac.uk

Draguignan, Le Cannet des Maures, Les Arcs, Le Luc, Taradeau and Vidauban

We meet on the **second Friday of the month** at the Café de la Tour, Les Arcs at 10h30. You will find a warm welcome and interesting discussions if you care to attend. We make available a limited selection of popular English paperback novels.

Pauline and Jim North

04 94 ***** @wanadoo.fr

Entrecasteaux, Salernes, Tourtourand Villecroze

The Villecroze, Tourtour etc coffee morning will be on the **4th Tuesday of the month**, place to be announced later.

Ann & Maurice Mitchem

04 94 ***** @hotmail.com

La Motte and Le Muy

After discussion, for which we thank everybody for their input, understanding and co-operation, our group has agreed to change our meeting day to the **SECOND FRIDAY of each month**, still continuing to get together at the Bar des Cascades in La Motte. Our next meeting will therefore be on **Friday 14 November** at 10 am, when BAV Christmas Cards will be available for sale.

.Alexandra Lewis-Smith

04 94 ***** @bbox.fr

Les Issambres

We meet **every other Tuesday** at 11h00 at L'Arpillon café next to Casino.

Richard Tolaini

04 94 ***** or 06 ***** @aol.com

St Maximin la Ste Baume, Brignoles, Brue Auriac, Mazaugues, Meounes, Neoules, Ollieres, Pourcieux, Pourrieres, Seillon Source d'Argens and Tourves

We shall meet on Thursday, **20 November** from 10.30 onwards at the Cercle Philharmonique in the main square of St. Maximin la Ste. Baume. We have become a friendly group of regulars, but there is always room for more.

Diana Andre de la Porte

04 94 ***** @wanadoo.fr



www.baofthevar.com

See the Latest News and Forthcoming Events on our BA website

Le Pradon Congregation of the Ascension CALLIAN part of the Anglican Church of Lorgues with Fayence in the Var

You are very welcome to join us at

Le Pradon Maison de Retraite Callian.

We meet on the **1st and 3rd Sundays** of the month at **11h00** for Family Communion

We also have a Bring and Share lunch afterwards.

Please ring Hilary Rost at 04 94 47 70 67 or Rev Peter Massey at 04 94 73 93 37 for details

St John's for the Var St John the Evangelist Ave Paul Doumer, St Raphaël

Rev Keith Bretel

Holy Communion is held **every Sunday at 10h30**

followed by refreshments and a monthly lunch.

9 November – Special Remembrance Sunday service, 10h30

Grimaud Village Church

Ecumenical service at Grimaud village church on first Thursday of the month at 11h00 from September to June.

July and August, service at Port Grimaud church on first Sunday of the month at 17h00.

Please ring 04 94 60 87 05 for details
www.sjevar.com

L'Oasis Christian fellowship LORGUES part of the Anglican Church of Lorgues with Fayence in the Var

Every 2nd Sunday at 11h30 at

Arc-en-Provence, 1801 Chemin des Pailles

and **every 4th Sunday at 11h30** at

Notre Dame des Anges Maison de Retraite

We have a Bring and Share lunch afterwards.

For details or directions **please contact** Rev Peter or Shirley Massey 04 94 73 93 37 or 06 87 94 04 83

Please let us have your Advertisements, Articles and Reports for the December issue by

Saturday 15 November

All contributions to:

newsletter@baofthevar.com

or to Shirley Rowson, *****
83920 La Motte

Please Note: We appreciate the support of our advertisers and encourage members to consider using their services; however, BAV cannot take responsibility for the quality of goods and services. Before taking action in response to articles about law and finance in the Newsletter, please take advice from a suitable qualified person.

When booking multiple Events at the same time, please attach separate cheques for each booking in order to facilitate the banking procedures.

British Association of the Var Reservation Slip

ASIAN BUFFET LUNCH AND TEN-PIN BOWLING AT FREJUS €18.90 members, €20.90 non-members. Lunch only: €12.90 members, €14.90 non-members. 19 November 2014

Venues: New Asia Wok, corner of RN7 and Route de Bagnols, 83600 Fréjus. 12h00
and 'Bowling de l'Estere' Route de Bagnols 83600 Fréjus

Names of those attending	Bowling Y/N	Member Y/N	Value €
Donation to BAV Welfare Fund			
Total value of cheque enclosed			

Additional names overleaf **Please add contact details below as an acknowledgement will be issued.**

Email address:

Phone No:

Please return this slip with your cheque made payable to **BRITISH ASSOCIATION OF THE VAR**
To: Kevin Bell, ***** 83570 COTIGNAC by 10 November

British Association of the Var Reservation Slip

CHRISTMAS LUNCH €32 members, €34 non-members. 6 December 2014

Venue: St Aygulf Hotel, 214 RD559, 83370. 12.00

Names of those attending	Saumon fumé	Canard	Feuilletté	Melon	Agneau	Boeuf	Saumon	Member Y/N	Value €
Donation to BAV Welfare Fund									
Total value of cheque enclosed									

Additional names overleaf **Please add contact details below as an acknowledgement will be issued.**

Email address:

Phone No:

Please return this slip with your cheque made payable to **BRITISH ASSOCIATION OF THE VAR**
To: Kevin Bell, ***** 83570 COTIGNAC by 30 November.