



Vendange Lunch Report



Once again, all of those who attended had a tremendous day at Lorgues. A wonderful atmosphere was experienced in yet another warm September day on 13 September at Domaine St Marc des Omèdes, the home of Lindsay Phillips. Just under 100 members and friends were present and we were especially pleased to welcome Simon Taylor, the British Consul at Marseille, together with several sponsors of advertisements in the newsletter. Barclays Bank in Fréjus Port, represented by Anna Crepin, very kindly offered three prizes worth 200€ by way of a raffle. These prizes included spa treatments and a bottle of champagne.

Our thanks go to all of those who contributed to the success of the day, especially some of the hard working Committee and, of course, to Lindsay for allowing us the use of his beautiful home. There was nothing but praise expressed in respect of the food, the ambiance and the conviviality of the event.



However, the practical aspect is that this event involves a lot of stress and hard work on the part of those assisting - please see the Chairman's report. A report should appear in the next newsletter regarding the proceeds of the event.

Domaine des Canebières, Le Muy

Your Chairman, Rob Flanagan was pleased to be invited to the meeting on 11 September, for the AGM of BROS, the English speaking residents' association of the Domaine des Canebières, between Le Muy and Ste Maxime, where a variety of issues domestic to the domaine were discussed. He was pleased to meet and chat to a number of BAV members and to present the new Christmas cards. A total of 60€ was received from card sales.

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Forthcoming Events

Committee Meeting
13 October

**Finance Seminar by Spectrum Group and
Mike Lorimer at St Endreol, La Motte**
8 October

**Commemoration lunch for WWI
in Draguignan**
10 October

Cotignac Coffee Morning
17 October

Montauroux Coffee Morning
4 November

**10 pin bowling and Asian buffet lunch,
Fréjus – 19 November**

Christmas lunch at St Aygulf
6 December

Financial Seminar 8th October save the date

Mike Lorimer of the Spectrum IFA Group will once again be introducing speakers at the forthcoming "Le Tour de Finance" seminar. The seminar is being held at *Les Domaines des Saint Endreol* Golf and Spa resort on the morning of the 8th October. Topics being covered are: recent changes to UK Pensions and QROPS, *Assurance Vie* update, maximising your foreign exchange transactions, French Tax changes explained and a market update from a major asset management group.

Please register at www.spectrum-ifa.com/seminars or by e-mail to seminars@spectrum-ifa.com. The event will begin with coffee at 10.00 for a 10.30 start. The presentations will last approximately 1 hour and a half, followed by canapés and wine. All the speakers will be available at that time to answer any of your questions. Mike and the speakers look forward to seeing you!

**More information on the coffee mornings
can be found on page four.**

Asian Buffet Lunch and Ten-pin Bowling

Wednesday, 19 November 2014

New Asia Wok, corner of RN7 and Route de Bagnols, 83600 Fréjus – 12 noon

Set menu - Buffet Midi, wine and drinks extra

Ten Pin Bowling at 'Bowling de l'Esterel', Route de Bagnols, 83600

Cost: €18.90 members, €20.90 non-members. Lunch only: €12.90 members, €14.90 non-members

Parking is available behind the Bowling rink.

Christmas Lunch

Once again we are going to the St Aygulf hotel by the sea for lunch on 6 December at 12 noon. The cost is €32 for members and €34 for non-members, including an apéritif, wine and coffee.

Menu choices:

Aperitif

.....

L'assiette de saumon fumé et ses toast

Ou

Salade de magret de canard

Ou

Feuilletté de pétoncles et bourride

Ou

Melon à l'italienne

.....

Carré d'agneau à la Provençale

Ou

Filet de bœuf aux cèpes

Ou

Darne de saumon grillée au beurre d'estragon

.....

Assiette de fromage

.....

Pâtisserie maison au choix

.....

Vin AOC rouge et rosé

.....

Café

The hotel is on the coast road, on the right as you approach St Aygulf from Fréjus. Please return the booking form by 30 November.

"What's On" Guide

Zenith Oméga, Toulon: 0892 700 840
www.zenith-omega-toulon.com

Opera House, Toulon: 04 94 93 03 76
www.operadetoulon.fr

Draguignan Theatre: 04 94 50 59 59
www.theatresendracenie.com

Forum Theatre, Fréjus and Centre Culturel, St Raphaël: 04 94 95 55 55 www.aggloscenes.com

October 2014

2 Oct St Antonin-du-Var, Château Mentone. Jazz concert. 21h00. €58. 04 94 04 42 00

3-5 Oct Barjols, centre ville. Millénaire de la Collégiale. All day Sat and Sun.

4 Oct Lorgues, Espace Mitterrand. Amaury Vassili – tenor. 20h45. 04 98 10 27 76

8-12 Oct Fréjus, Base Nature. Roc d'Azur – mountain bike race.

11 Oct Montauroux, cinema. Macbeth – opera film. 18h55. €21. 04 94 47 75 90

11-12 Oct St Tropez, parking du nouveau port. Paradis Porsche – car rally. 08 92 68 48 28

12 Oct Fréjus, Cathédrale. Organ recital. 16h00

14 Oct St Tropez, Cinéma La Renaissance. Concert – cello and piano. 18h30. €30. 08 92 68 48 28

14-18 Oct St Tropez, port. Les Dragons de St Tropez –regatta/ from 11h00. 04 94 55 43 83

16 Oct Draguignan, cinema Chabran. Manon, Macmillian – ballet film. 20h15. €20.

17 Oct Les Arcs, Château Ste Roseline. Festival International Les Dracenuits Musicales – concert Bach. 20h30. €20. 04 94 99 50 39

18 Oct Les Arcs, Château Ste Roseline. Festival International Les Dracenuits Musicales – concert Haydn. 20h30. €25. 04 94 99 50 39

18 Oct Montauroux, cinema. Marriage of Figaro – opera film. 18h55. €21. 04 94 47 75 90

19 Oct Les Arcs, Château Ste Roseline. Festival International Les Dracenuits Musicales – concert Mozart. 20h30. €25. 04 94 99 50 39

19 Oct Grimaud, Eglise St Michel. Concert – sacred music for trumpet. 18h00. €20. 04 94 97 30 54

19 Oct Lorgues, Château de Berne. Journée Saveurs d'Hiver. 10h00-18h00. 04 94 60 43 60

19 Oct Lorgues, Espace Mitterrand. Concert – Harmonie Lorguaise. 16h00. 06 60 90 08 97

19 Oct Montauroux, Eglise St Bathélemy. Misa Tango – CAD Vocale. 21h30. Free

24 Oct Les Arcs, Château Ste Roseline. Festival International Les Dracenuits Musicales – concert piano. 20h30. €25. 04 94 99 50 39

25 Oct La Motte, Eglise St Victor. Misa Tango – CAD Vocale. 21h00. Free. 06 80 32 10 73

25 Oct La Motte, Eglise St Victor. Misa Tango – CAD Vocale. 21h00. Free. 06 80 32 10 73

25-26 Oct Fréjus, Base Nature. Festival International de l'Air – kite displays.

25-26 Oct Draguignan, Complexe St Exupéry, Rue Auguste Renoir. Autour du Vin – salon des terroirs. 10h00-19h00. €5. 04 98 10 51 05

25 Oct-1 Nov Fayence, various venues. String quartet festival.

www.quatuors-enpaysdefayence.com

27 Oct Draguignan, cinema Chabran. Les Deux Foscari, Verdi - opera film. 20h15. €20

30 Oct Les Arcs, Café de la Tour. Fish and chips - book by previous Monday please. 12h00. €12.50. 04 94 73 30 56



www.baofthevar.com

See the Latest News and Forthcoming Events on our BA website

Emergency contacts:

Medical help/SAMU	15
Police/Police Nationale	17
Fire and accident/Sapeurs Pompiers	18
SOS – all services (calling from a mobile)	112
BAV Welfare phone	06 42 86 49 01
EDF English speaking number	05 62 16 49 08
Orange English speaking No.	09 69 36 39 00



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Chairman's Report

The Vendange lunch took place on 13 September and was, hopefully, enjoyed by everybody who attended. A separate report will be given on the actual event. However, regrettably, this year's Vendange lunch may well be the last. There are 6 members of the Committee who, with their partners and Shirley and Peter Rowson, all pull their weight in the organisation of the events and the general running of the Association but when it comes to some of the larger events, in order to facilitate them we are reliant on the assistance of others.

This year, for a number of reasons, help has not been forthcoming other than from a close band of dedicated members to whom we are extremely grateful. We are, of course, especially grateful to Lindsay Phillips for having hosted the event over many years. There is always an anxious time with all events, and particularly the Vendange lunch where we do the catering, to see if the event is to be well attended, as members tend to leave bookings until the last minute. Last year, despite committing to a date well before the end of the previous year, the event clashed with the Autumn lunch organised by the International Women's Club of the Provence and this year, again, having booked the date in October, the local church organised an event on the same day. This resulted both in reduced attendances and a reduced number of volunteers.

This situation of all of the work being carried out by a few cannot be sustained and, unless members take an active part in the running of the Association, events in the form of the Vendange lunch will not be possible. This situation is possibly inevitable with the aging membership and perhaps therefore we should not over-stretch ourselves in catering, moving books etc. We will therefore have to look back on the day and assess the future. In the meantime, we have a series of interesting and enjoyable events planned and we do hope to see you there.

Coffee Morning and Books Friday 17 October

October 17, 10h00-12h00
At the home of William and Jean Naisbitt

83570 Cotignac
Bookstall and Paintings. Donations to the
Welfare fund. Telephone 04 94 *****
Reply to: *****@gmail.com

Coffee Morning and Books Tuesday 4 November

between 10h00 and 12h00 at the home of
Geoff and Sandie Docherty. *****83440
Montauroux. Donations welcome. Books and
Christmas cards available. Please contact
Sandie for directions: 04 94 *****.

info@*****.com

Committee Members

Chairman - Rob Flanagan

chairman@baofthevar.com

Secretary - Michael Wharton

secretary@baofthevar.com

Treasurer - Lesley Honeywell

treasurer@baofthevar.com

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welfare@baofthevar.com

Events Secretary - Kevin Bell

events@baofthevar.com

Publicity -

publicity@baofthevar.com

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John Lloyd

John1@baofthevar.com

Important non-Committee Members

Membership Secretary - Peter Rowson

membership@baofthevar.com 04 94 *****

Newsletter Editor - Shirley Rowson

newsletter@baofthevar.com 04 94 *****

Musée Granet, Aix-en-Provence

Not to be missed! Open only to 5 October. The private art collection of Henry Pearlman is available to see at Musée Granet in Aix En Provence. The collection contains some of the greatest names in Impressionist, post-Impressionist and modern art including Courbet, Manet, Degas, Cézanne, Gauguin, Van Gogh, Toulouse-Lautrec, Soutine and Modigliani.

The exhibition is open until 5 October, Tuesday to Sunday from 10.00 to 19.00 and tickets are available on the door or on-line at 7€ or 5€ for disabled. Details are on www.museegranet-aixenprovence.fr.

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MEMBERS' GROUPS

The Azur Photography Group

We shall hold our meetings on Monday 13 and Tuesday 28 October. For more details please contact Mike Harper

Mike Harper *****@yahoo.co.uk

Painting Group



Please contact Stella for details of the next painting day.

Stella 04 94 *****

Happy Boules



The boules group meets every week on Mondays at central Var locations and has lunch at 12.00 followed by boules. Whilst not formally being a BAV event, the lunches are extremely friendly and informal, typically with 10-16 people and at modest prices of 14-16€ plus wine.

If you would like to join us or find out where we are meeting (announced at the beginning of the week) please contact chairman@baofthevar.com You will be assured of a friendly welcome and you may even want to try playing boules, spare boules are always available.

Rob Flanagan
*****@hotmail.com

Bargain basement

For Sale

Guitar in very good condition, complete with strong case, music etc, 50 euros. Contact: Pat Powell at ***2of2.co.uk



For Sale

BIKE RACK – mounts on ball hitch, holds 2 bikes. Used only once. €60.

BUTANE GAZ HEATER – model IR3000, plus 2 gaz bottles. Used twice. €40

BESTGREEN SIT-ON TRACTOR MOWER – Model BM115B 92RB. Grass collector at rear. Approx 5 years old. Excellent working condition, seldom used. €550 ovno.

Contact Bill Davies: 04 94 *****, mob 06 ***** or *****@wanadoo.fr

Gardening Tips – October

The summer conditions have continued with generally very favourable weather over recent weeks. The flowering of a good number of plants has improved and in particular the roses. We should think about cleaning and tidying up the rose bushes in order to encourage the formation of new flowers well up until the ground frosts. The lower temperatures of recent weeks will also encourage re-growth.

This is also the moment to pay attention to, and tidy up and trim back the roses and tomatoes because mildew is their worst enemy. They should then be able to survive in the early autumn months. Don't forget that now is the time to plant plants that need warmth when first planting, for example *Agapanthes*.

The change from fine weather to rain is also particularly healthy for most plants. The days are still warm but pay attention because the nights are getting fresh – the season is changing! Laurent Blanc, Le Savoir Vert, Traverse Du Moulin, Villecroze. 06 84 42 84 84

laurent.blanc83@wanadoo

Draguignan Cinema

The new 7-screen cinema in Draguignan is now open, in the Chabran area, at 166 place du 7ème Bataillon de Chasseurs Alpains, 83300 Draguignan. This brings the town in line with the two other modern cinema complexes in St Raphaël and Ste Maxime, all of which have regular screenings in VO (*version originale*). For more details or to book on-line see:

www.cgrcinemas.fr/draguignan-chabran

Don't forget, you can check which films are on locally each week in VO (*version originale*) – usually English – on AngloInfo at this link: <http://riviera.angloinfo.com/whatson/movies>. It changes every Wednesday.

“Quotes”

The longer I live the more beautiful life becomes.
Frank Lloyd Wright

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aviva-vidauban.fr

AUTHORS IN PROVENCE

Georges Simenon 1903 – 1989



Simenon was a Belgian writer, born in Liège, who published nearly 200 novels and numerous short works but is best known for his fictional detective, Jules Maigret, whose patch was the back streets of Paris. His first job at 15 was

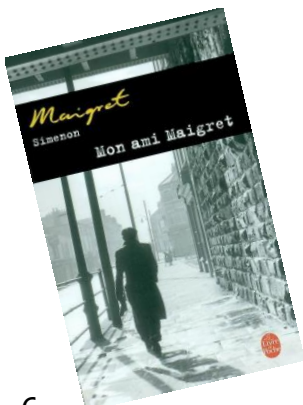
with the *Gazette de Liège*, during which time he became familiar with the seamier side of the city, including bars and cheap hotels, but also crime and police investigations. His first novel, "*Au pont des arches*", was written in June 1919 under his "G. Sim" pseudonym.

After the death of his mother in 1922, Simenon moved to Paris with his future wife Régine Renchon, known as "Tigy". They returned to Liège briefly in March 1923 to



marry, but this did not prevent his continued liaisons with other women, including the infamous dancer Josephine Baker. In 1926 they spent several months on the island of Porquerolles, near Hyères, in a *cabanon* at the west end of the island at *Le Grand Langoustière*. They were immediately seduced by the lifestyle on this quiet island and returned often until 1939, staying in a house called *Les Tamaris* in the same area, where Simenon built a jetty for his fishing boat. They enjoyed the pursuits of holidaymakers – on the beach during the day and partying late in the evening at a local hotel, but Simenon still managed to write several novels during his stays there.

In 1929 he had a boat built and travelled the French canal system with his wife, his dog and their housekeeper Henriette Liberge, known as "Boule", with whom Simenon had an affair for several decades.

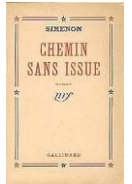


In 1930 *Commissaire Maigret* made his first appearance, followed by travels around the world. Between 1932 and 1939 the family lived in Charente-Maritime and La Rochelle, and Tigy's only child, Marc was born in 1939. During the war

they lived in the Vendée, and there were some accusations of collaboration which were never proved. He produced a number of important works during this time, including "*Le Testament Donadieu*".

In addition to Porquerolles, Anthéor was also a favourite holiday destination, where he stayed in the villa of Baron Guilio de Malenchini, "*La Lézardière*", between 1931 and 1945, still enjoying his hobby of sailing. He returned to Anthéor after the war, staying in a villa called "*Les Mimosas*".

In 1946 he wrote the first novel to feature Porquerolles: "*Le Cercle des Mahé*", and followed this in 1949 by Maigret's first appearance on the island in "*Mon Ami Maigret*", which



boasted a bizarre list of characters including a rich elderly Englishwoman, a French gigolo, a Dutch painter, a rich Belgian heiress, a converted French prostitute, a "Madame" with several establishments on the Côte d'Azur and a Scotland Yard detective!

After the war Simenon and Tigy went to live in Canada and the USA, without Boule at first due to visa problems. They were divorced in 1949, and he married his Canadian secretary, Denyse Ouimet, in 1950 with whom he had three more children. The family returned to Europe in 1955, first living in France and then settling in Lausanne, Switzerland, where he had a huge villa built. He and Denise separated in 1964, when became romantically involved with his then housekeeper, who stayed with him for the rest of his life.

British Association of the War Welfare Coordinator

Ann Mitchem

04 94 ***** or 06 *****

welfare@baofthevar.com

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VISIT PROVENCE – places to go in the Var and beyond.

Van Gogh Foundation – Arles



A major new gallery dedicated to Van Gogh has opened in Arles. The town has strong connections with the post-impressionist artist as Van Gogh lived in Arles for 15 months, and it was a time of voracious artistic productivity.

Inspired by the colours and the landscapes of Provence, he produced around 200 paintings, yet not one of them remains here. Visitors can take guided tours of the places that have appeared in his paintings, but there has been little in the way of a home dedicated to the artist's heritage, until now.



The Fondation Vincent van Gogh Arles is an important showcase for Van Gogh's legacy, celebrating his influence on artists in the 20th and 21st centuries, and

highlighting his links with the city. It will exhibit a dynamic collection of artworks - a collection which began life in the 1980s - made in tribute to Van Gogh by some of the most exciting modern and contemporary artists. The gallery is housed in the Hôtel Léautaud de Donines, a 15th-century manor house restored and extended with a striking contemporary addition and interior space by Fluor architects, in the medieval quarter of Méjan. On the edge of the quarter was the yellow house (no longer standing; the painting of the same name is in the Amsterdam museum) where Van Gogh lived - for a time with fellow artist Paul Gauguin. It was a prolific yet turbulent time. Though they inspired each other, they also argued, with such passion that it led to Van Gogh famously cutting off his left earlobe. Arles was where he was incarcerated in hospital - also immortalised in paintings - towards the end of his life.

The force behind the new foundation is Swiss philanthropist and conservationist Luc Hoffmann (who founded the WWF) and his daughter Maja, an art collector, whose LUMA foundation, also in Arles, is dedicated to contemporary art. Her plans for the city's art



credentials don't stop there: construction has already begun on an entire art complex, the Parc des Ateliers, with studios and gallery spaces housed in former railway buildings and a new building by Frank Gehry in the planning, set to open in 2018.

See www.fondation-vincentvangogh-arles.org for details.

iPhone recall

Apple have announced a couple of re-call programs for some faults on the iPhone - one for faulty batteries and one for a faulty sleep/wake button. You can enter your serial number on these web-pages and they will tell you if you're eligible for a replacement/repair ;

<https://ssl.apple.com/support/iphone5-battery/>
<https://ssl.apple.com/support/iphone5-sleepwakebutton/>

Finding your serial number is easy, just go to Settings -> General -> About

“Quotes”

Older people shouldn't eat health food, they need all the preservatives they can get.

Robert Orben

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Home Security

Since the spring there have been various warnings in the press and by locals to be vigilant against thefts from property. We have certainly been made aware of one member who has recently discovered intruders at 5 o'clock in the morning! It is particularly important to take precautions against thefts during the summer as it is common practice for householders to leave doors and windows open while in the pool / garden, but equally attention should be paid during the rest of the year.

It is recommended to close windows / shutters in any part of your home which may not be used or may be remote from where you spend your time. Precautions should start with ensuring that all doors and windows are closed and locked and that shutters are closed when the house is vacant. Your insurance may not be valid if you do not close your shutters.

Further electronic precautions of a considerable range and cost may supplement the basic measures and these range from burglar alarms and motion detectors to video surveillance. More sophisticated systems also alert the owner by text in the event of a burglary. It is also possible in most communes to advise the police of your absence on holiday or for longer periods in order that they may keep an eye on your property.

Please advise your visitors of the measures in order that they also take these precautions and also so that they can locate keys etc. in the event of an emergency. On a similar subject it is also a legal requirement from 8 March next year to install smoke detectors and we suggest that you install these sooner rather than later, not least while stocks last and prices are reasonable. Please don't make all and sundry aware of your movements by announcing on Facebook or other social media that you are in Outer Mongolia!!!

The Bereavement Support Network of the Var (BSN)

This organisation exists to support not only the bereaved but also those who are terminally ill, and their families and friends. If you, or someone you know, could benefit from our confidential, free support, then please contact: Sandra - 04 94 84 64 89 or 06 32 35 31 24 info@bsnvar.org or www.bsnvar.org for further information.

Services for Seniors Booklet

The AGM approved the production of a Seniors' Booklet. Thanks to Shirley Rowson, ably assisted by Magali Moreno and others, it is now available. Two copies will be sent to you together with the Membership renewal form at the beginning of October, shortly after receipt of the October Newsletter.

Why two copies? We want a wide circulation so please use the second copies in Health Centres or give to a friend. Your doctor might want more copies to leave in the waiting room, so please ask. You may know of other suitable places to leave copies, so please ask for more.

More copies can be obtained from: newsletter@baofthevar.com

Benefits for BAV members

(Please show your membership card)

Cigalon, Grand Rue, Flayosc 04 94 70 45 85. Offer: complementary espresso coffee at this fine dining restaurant.

Flayosc Co-operative - 5% discount available with the special BAV fidelity card. Full range of wines and sparkling wine available together with fresh cheeses, wine accessories etc.

Le Petit Romain, opposite Casino, Salernes 04 94 67 54 11. Offer: complementary espresso coffee at this popular restaurant with a menu de jour at 14.50€.

Lei Cigales, Route de Draguignan, Villecroze 04 98 53 02 88. Offer: complementary espresso coffee in this restaurant specialising in galettes and crepes with a separate menu du jour at 13.50€.

Nathalie and Fabrice Alric Antiquities, Place de l'église, Villecroze - Offer 10% discount on a range of antique style household furnishings and a larger discount on antiques.

La Provençal, Place Martin Bidoure, Aups. 04 94 70 00 24. Free espresso coffee with meal.

Le Grand Hotel, Place du Général Duchatel, Aups. 04 94 70 10 82. Free coffee or *digestif* with meal.

Les Trois Marches, 11 Cours Gambetta, Cotignac. 04 94 04 65 99. Pretty provençal restaurant. Free espresso coffee with meal.

Hotel and restaurant L'Orée du Bois, Quartier Ste Roseline, Le Muy. 04 98 11 12 40. Free coffee or tea with meal.

New York Break, 19 rue Picot, close to Place de la Liberté, Toulon. 04 94 98 69 14 or 06 42 65 08 21. Free drink with every meal.

Aviva Insurance, Vidauban. Luc de Bardonnèche offers various insurance discounts for BAV members – see his advert in the Newsletter.

Route des Vins de Provence promotes local wine producers



A new initiative in the Var will make it easier for tourists to embark on a wine tour of the region. New signage and an internet site have been launched, encouraging people to plan their own touring routes according to different themes. The Chamber of Commerce and the regional council of the Var have approved a system of road signs and plaques for local vineyards. The initiative aims to increase awareness amongst tourists of the wide variety of producers they can visit, as well as providing corresponding information online about the history of the *caves* and the quality of their wines.



Roughly 100 of the Var's wine producers have made it onto the maps of the *Route des Vins de Provence* site, offering a huge range of experiences to visitors, from larger businesses to small, personal *chateaux*. The 39 suggested routes feature trips with themes such as the best low-cost wines, vineyards situated near artistically significant sites, and even vineyards run only by female vintners. Those with young families are also catered for with a special trip featuring the most child-friendly options.

Pre-paid motorway toll charges

A reminder about these useful gadgets that avoid queuing at the *péage*, particularly now that the new fast-track lanes have been introduced which operate at 30km/h. Here are two of the options:

Vinci autoroutes (formerly Escota) – for residents
The local motorway network provider. Subscription €2 per month. Monthly payment for all motorway journeys, including discounts for heavy usage. Can be used anywhere in France but discounts only apply locally. Can be moved between vehicles. Available from the offices at some *péages*, eg. Le Muy.

Sanef Tolling Liber-t – for visitors
Available from the UK for use in the whole of France. Annual fee of €6, with refundable €20 deposit for its use, and payment of tolls by direct debit the month after you travel. See www.sanefolling.co.uk

Soup recipes



Now that autumn is approaching we are including some soup recipes to tempt you to make your own.

PARSNIP, LEMON AND THYME SOUP

1 tbsp olive oil
1 onion, finely chopped
4 parsnips, peeled and chopped
1 garlic clove, crushed
600ml vegetable stock
Juice of 1 lemon
2 tbsp chopped fresh tarragon, or frozen
1 tbsp fresh thyme
100g Philadelphia cream cheese

1. Fry the onion, parsnips and garlic in a large pan over a medium heat for about 5 mins, to soften not brown.
2. Add the stock, lemon juice, tarragon and thyme and bring to the boil. Cover and simmer gently for 6-8 mins, until parsnips are soft.
3. Blend, return to pan and stir in cheese until melted. Add more water if too thick.

SERVES 6

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Coffee Morning this month at Billy and Jean Naisbitt's house, 17 October. Please see elsewhere in this edition for details..

Michael Wharton

07 ***** *****@cam.ac.uk

Draguignan, Le Cannet des Maures, Les Arcs, Le Luc, Taradeau and Vidauban

We meet on the **second Friday of the month** at the Café de la Tour, Les Arcs at 10h30. You will find a warm welcome and interesting discussions if you care to attend. We make available a limited selection of popular English paperback novels.

Pauline and Jim North

04 94 ***** *****@wanadoo.fr

Entrecasteaux, Salernes, Tourtour and Villecroze

The Villecroze, Tourtour etc coffee morning will be on the **4th Tuesday of the month**, place to be announced later.

Ann & Maurice Mitchem

04 94 ***** *****@hotmail.com

La Motte and Le Muy

This month saw eleven of us at the Bar des Cascades. BAV Christmas cards were for sale, giving us an early start on the season, as well as Poppies available for a donation to the British Legion. Thanks to Lesley and to all who support our group. Our next get-together is on Tuesday 14 October at 10 am *toujours à La Motte*.

.Alexandra Lewis-Smith

04 94 ***** *****@bbox.fr

Les Issambres

We meet **every other Tuesday** at 11h00 at L'Arpillon café next to Casino.

Richard Tolaini

04 94 ***** or 06 ***** *****@aol.com

St Maximin la Ste Baume, Brignoles, Brue Auriac, Mazaugues, Meounes, Neoules, Ollieres, Pourcieux, Pourrieres, Seillon Source d'Argens and Tourves

We shall meet on Thursday, **16 October** from 10.30 onwards at the Cercle Philharmonique in the main square of St. Maximin la Ste. Baume. We have become a friendly group of regulars, but there is always room for more.

Diana Andre de la Porte

04 94 ***** *****@wanadoo.fr

L'Oasis Christian fellowship LORGUES part of the Anglican Church of Lorgues with Fayence in the Var

Every 2nd Sunday at 11h30 at
Arc-en-Provence, 1801 Chemin des Pailles
and **every 4th Sunday at 11h30** at
Notre Dames des Anges Maison de Retraite
We have a Bring and Share lunch afterwards.

For details or directions **please contact**
Rev Peter or Shirley Massey 04 94 73 93 37 or
06 87 94 04 83

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### Le Pradon Congregation of the Ascension CALLIAN part of the Anglican Church of Lorgues with Fayence in the Var

You are very welcome to join us at  
**Le Pradon Maison de Retraite Callian**.  
We meet on the **1st and 3rd Sundays** of  
the month at **11h00** for Family Communion  
We also have a Bring and Share lunch  
afterwards.

**Please ring** Hilary Rost at 04 94 47 70 67 or  
Rev Peter Massey at 04 94 73 93 37 for details

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St John's for the Var St John the Evangelist Ave Paul Doumer, St Raphaël

Rev Keith Bretel

Holy Communion is held **every Sunday at
10h30**

followed by refreshments and a monthly lunch.
9 November – Special Remembrance Sunday
service, 10h30

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### Grimaud Village Church

Ecumenical service at Grimaud village church on  
first Thursday of the month at 11h00 from  
September to June.

July and August, service at Port Grimaud church on  
first Sunday of the month at 17h00.

**Please ring** 04 94 60 87 05 for details  
[www.sjevar.com](http://www.sjevar.com)

**Please let us have your Advertisements,  
Articles and Reports for the November issue by  
Saturday 15 October**

**All contributions to:**

**[newsletter@baofthevar.com](mailto:newsletter@baofthevar.com)**

or to Shirley Rowson, \*\*\*\*\*  
83920 La Motte

**Please Note:** We appreciate the support of our advertisers and encourage members to consider using their services; however, BAV cannot take responsibility for the quality of goods and services. Before taking action in response to articles about law and finance in the Newsletter, please take advice from a suitable qualified person.

When booking multiple Events at the same time, please attach separate cheques for each booking in order to facilitate the banking procedures.

**British Association of the Var Reservation Slip**

**ASIAN BUFFET LUNCH AND TEN-PIN BOWLING AT FREJUS** €18.90 members, €20.90 non-members. Lunch only: €12.90 members, €14.90 non-members. 19 November 2014  
**Venues:** New Asia Wok, corner of RN7 and Route de Bagnols, 83600 Fréjus. 12h00  
 and 'Bowling de l'Esterel' Route de Bagnols 83600 Fréjus

| Names of those attending              | Bowling Y/N | Member Y/N | Value € |
|---------------------------------------|-------------|------------|---------|
|                                       |             |            |         |
|                                       |             |            |         |
|                                       |             |            |         |
|                                       |             |            |         |
|                                       |             |            |         |
| <b>Donation to BAV Welfare Fund</b>   |             |            |         |
| <b>Total value of cheque enclosed</b> |             |            |         |

Additional names overleaf **Please add contact details below as an acknowledgement will be issued.**

**Email address:**

**Phone No:**

Please return this slip with your cheque made payable to **BRITISH ASSOCIATION OF THE VAR**  
**To: Kevin Bell, \*\*\*\*\* 83570 COTIGNAC by 10 November**

**British Association of the Var Reservation Slip**

**CHRISTMAS LUNCH** €32 members, €34 non-members. 6 December 2014  
**Venue: St Aygulf Hotel, 214 RD559, 83370. 12.00**

| Names of those attending              | Saumon fumé | Canard | Feuilletté | Melon | Agneau | Boeuf | Saumon | Member Y/N | Value € |
|---------------------------------------|-------------|--------|------------|-------|--------|-------|--------|------------|---------|
|                                       |             |        |            |       |        |       |        |            |         |
|                                       |             |        |            |       |        |       |        |            |         |
|                                       |             |        |            |       |        |       |        |            |         |
|                                       |             |        |            |       |        |       |        |            |         |
| <b>Donation to BAV Welfare Fund</b>   |             |        |            |       |        |       |        |            |         |
| <b>Total value of cheque enclosed</b> |             |        |            |       |        |       |        |            |         |

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